



Alena Aguilar, LMSW

675 Seminole Ave NE, Unit T-03 ● Atlanta, GA 30307
Phone: 800-218-8490 ● Fax: 844-270-0342
E-Mail: AAguilar@LorioForensics.com

Education

Master of Science in Social Work, May 2014
Columbia School of Social Work, New York, NY
Concentration : Advanced Generalist Programming and Practice; contemporary Social Issues

Bachelor of Arts, Sociology, December 2008
Georgia State University College of Arts and Sciences, Honors Program

Specialized Training

Skill Building Training: Writing Stories for Change
Advancing Real Change (ARC), Inc, October 2023

The Critical Examination of Client Mitigation and Our Role in Uncovering It
National Association for Public Defense October 2023

Psychopharmacology Essentials for Non-Prescribing Clinicians

Grief and the DSM: Conceptualizing Grief Through a Diagnostic Lens

Edit "Foundations of Family Therapy September 2021 – May 2022

Ackerman Institute for the Family"
Neuropsychological Evaluations October 2021

Foundations of Family Therapy and Live Clinical Supervision as of present
Ackerman Institute for the Family

Somatic Healing for Internalized Oppression June 2021



Abusive Traumatic bonding in Intimate Partner Violence June 2021

The Neurobiology of Feeling Safe: Working with Boundaries Inside and Out May 2021

Anti-Racist & Multicultural Practice conference: Clinical Implications of Racial Trauma May 2021

Ancestral Trauma: Wisdom and Resilience March 2021

Impact vs. Intent Decolonizing Therapy February 2021

A Therapist's Path for Exploring Implicit Bias and Racial Trauma September 2020
Academy of Therapy Wisdom

Solution Focused Therapy July 2020
National Association of Social Workers NYS Chapter

Seminar in Field Instruction (SIFI) Fall 2018
Siberman School of Social Work at Hunter College

Trauma Competency for the 21st Century, J. Eric Genty, PhD, LMHC October 2018

Latino Social Workers Organization Conference October 2018

Mental Health Law for Non-Lawyers: Working with Criminal Justice-Involved Clients with behavioral Health Issues January 2018
Center for Urban Community Services

Sex Offending Behavior Myths and Facts: An Overview of Treatment, Management and Supervision May 2017
Center for urban Community services

National Organization of Forensic Social Worker Conference June 2016



Behavioral Health – Criminal Justice Certificate Program Spring 2016
Center for Urban Community Services

Structural Family Therapy, Jorge Colapinto, LMFT April 2015

Domestic Violence: Is It Relations Conflict or Relationship Abuse? Differential Assessment & Response
February 2015

The Workshops at Good Shepherd Services

An introduction to Working with Families, Walter Vega LCSW January 2015

Solution – Based Casework (SBC) Training January 2015

The Workshops at Good Shepherd Services

Motivational Interviewing: Moving Clients through stages of Change, Andrew Hamid, PhD. LMSW
December 2014

Licensure and Certification

Master Social Worker, New York State, December 2014

Mitigation Certificate, May 2023

National Organization Forensic Social Work

Advanced Forensic Social Work Certificate: Forensic Court Systems, Reporting and Testifying, May
2023

National Organization Forensic Social Work

Forensic Social Work Certificate: Foundation Skills for Forensic Social Work, May 2023

National Organization Forensic Social Work



Boards

Advisory Board Member "Sad Moms Club" BIPOC Mental Health Program
Her Village Inc. January 2023 – Present

Work Experience

Senior Associate Social Worker and Referral Admin, Lorio Forensics December 2019 - Present

- Forensic Mental Health Consultation Services
 - Civil – including but not limited to independent mental health evaluations/consultation for psychic injury, fitness for duty, mental health malpractice, political asylum, child custody and Title IX cases
 - Criminal – including but not limited to independent mental health evaluations/consultation for trauma evaluations, mitigation, transfer hearings
- Supervision and Peer Consultation of LF Associates
- Intake Clinician
 - Leads intake with legal teams and assigns cases internally to the most appropriate clinicians, based on the needs of a given case.

Social Worker Family and Immigration Unit at Legal Services of New York City November 2019 – September 2021

- Conduct comprehensive psychosocial and needs assessments for clients with current immigration or family law cases
- Provide supportive counseling crisis intervention and trauma informed care
- Write affidavits of support for legal and supporting services (i.e. immigration court cases, public benefits applications)
- Conduct training for organizational staff on topics related to practice specific social work and legal collaborations

Forensic Social Worker Criminal Defense Practice at The Legal Aid Society November 2015 – November 2019

- Interviewed clients and collateral contacts to assess trauma, substance abuse disorder, mental illness, physical or intellectual limitations and other needs



- o Provided written and/or oral advocacy for plea negotiations consisting of alternatives to incarceration programs of minimal sentences
- o Worked with attorneys, organizational and community programs to develop appropriate casework plans and treatment recommendations
- o Requested and reviewed relevant school, mental health, and medical records to assist counsel with mitigation and plea negotiations

Social Worker at Good Shepherd services Neighborhood Family Empowerment Center October 2014 – June 2015

- o Provided individual and family counseling to children and families using the Solution Based Casework (SBC) model which includes short-term crisis interventions
- o Completed assessments of children and families referred by the Administration for Children's services, schools, community-based organizations and other agencies
- o Scheduled, facilitate and/or participated in required conferences with families, community partners and the Administration for Children's Services
- o Conducted home visits and escorted program participants to appointment as needed

Social Work Intern Criminal Defense Practice at The Bronx Defenders September 2013 – May 2014

- o Worked with clients and attorneys to determine appropriate referrals and provided follow up for client's intake and participation
- o Assessed client's strengths and needs to assist in court disposition and provide advocacy for them in mitigation memoranda and /or appearing in Criminal court
- o Maintained case records and complete case management and collaborated with service providers for substance abuse, mental illness and other social service needs

Social Work Intern at The Angelo Patri Middle School September 2012 – May 2013

- o Counseled a case load up to twelve students weekly for forty-five minutes sessions and for crisis intervention as needed using motivational interviewing and Cognitive Behavioral Therapy (CBT)
- o Facilitated a sixty-minute therapeutic writing group with twelve students for six weeks
- o Maintained individual student files including accurate progress notes, assessments, and referrals
- o Served as a liaison between the families of students and school personnel



Parent Coach at Harlem Children's Zone The Baby College April 2010 – March 2011

- o Recruited, retained, monitored and provided case management to an average caseload of ten families with young children recovering from domestic violence including those living in shelters
- o Maintained accurate case notes including assessments, referrals and surveys
- o Facilitated group teaching sessions on various child development and parenting topics
- o Conducted weekly home coaching visits with families reviewing materials learned at group teaching sessions and creating plans to achieve family goals

Infant Lead Teacher at Sheltering Arms August 2009 – March 2010

- o Managed the physical care of eight infants that included feeding, and diaper changing
- o Planned and implemented developmentally appropriate activities in accordance to the Creative Curriculum and Georgia Early Learning and development Standards
- o Led and supervised co-teachers, teaching assistants and classroom volunteers
- o Conducted developmental screenings and ongoing assessments to determine motor, language, social, cognitive perceptual and emotional skills

Toddler Teacher April 2009 – August 2009

- o Assisted Toddler Lead Teacher in the daily care of twelve three- to four-year-old
- o Initiated and maintained internal and external communication materials for staff, administration, and family
- o Assured the safety of the children by always maintaining a safe hazard free environment within and outside the classroom

Presentations

How to Avoid Bias as a Person of Color in Evaluating Clients (with Dr. Sarah Vinson), The Color of Mitigation Conference, Atlanta, GA., June 2023

Trauma Through the Lens of Race, Presentation at the National Organization of Forensic Social Workers Mitigation Certificate Program (virtual), May 2023