



## **Alena Aguilar, LMSW**

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### **Education**

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Master of Science in Social Work, May 2014  
Columbia School of Social Work, New York, NY  
Concentration : Advanced Generalist Programming and Practice; contemporary Social Issues

Bachelor of Arts, Sociology, December 2008  
Georgia State University College of Arts and Sciences, Honors Program

### **Specialized Training**

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Foundations of Family Therapy and Live Clinical Supervision as of present  
Ackerman Institute for the Family

Somatic Healing for Internalized Oppression June 2021

Abusive Traumatic bonding in Intimate Partner Violence June 2021

The Neurobiology of Feeling Safe: Working with Boundaries Inside and Out May 2021

Anti-Racist & Multicultural Practice conference: Clinical Implications of Racial Trauma May 2021

Ancestral Trauma: Wisdom and Resilience March 2021

Impact vs. Intent Decolonizing Therapy February 2021

A Therapist's Path for Exploring Implicit Bias and Racial Trauma September 2020  
Academy of Therapy Wisdom



Solution Focused Therapy July 2020  
National Association of Social Workers NYS Chapter

Seminar in Field Instruction (SIFI) Fall 2018  
Siberman School of Social Work at Hunter College

Trauma Competency for the 21<sup>st</sup> Century, J. Eric Genty, PhD, LMHC October 2018

Latino Social Workers Organization Conference October 2018

Mental Health Law for Non-Lawyers: Working with Criminal Justice-Involved Clients with behavioral Health Issues January 2018  
Center for Urban Community Services

Sex Offending Behavior Myths and Facts: An Overview of Treatment, Management and Supervision May 2017  
Center for urban Community services

National Organization of Forensic Social Worker Conference June 2016

Behavioral Health – Criminal Justice Certificate Program Spring 2016  
Center for Urban Community Services

Structural Family Therapy, Jorge Colapinto, LMFT April 2015

Domestic Violence: Is It Relations Conflict or Relationship Abuse? Differential Assessment & Response February 2015  
The Workshops at Good Shepherd Services

An introduction to Working with Families, Walter Vega LCSW January 2015

Solution – Based Casework (SBC) Training January 2015  
The Workshops at Good Shepherd Services



Motivational Interviewing: Moving Clients through stages of Change, Andrew Hamid, PhD. LMSW  
December 2014

## **Licensure and Certification**

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Master Social Worker, New York State, December 2014

## **Work Experience**

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### **Senior Associate Consultant, Lorio Forensics December 2019 - Present**

- Forensic Mental Health Consultation Services
  - Civil – including but not limited to independent mental health evaluations/consultation for psychic injury, fitness for duty, mental health malpractice, political asylum, child custody and Title IX cases
  - Criminal – including but not limited to independent mental health evaluations/consultation for trauma evaluations, mitigation, transfer hearings
- Supervision and Teaching of LF Associate Clinician Social Workers

### **Licensed Master Social Worker at Montefiore Medical Group September 2021 – Present**

- Work as part of the Behavioral Health Integration Program providing mental health services (crisis intervention, assessments, short term therapy) to patients currently experiencing depression and/or anxiety, substance misuse
- Work collaboratively with a patient's medical team which includes their primary care provider, nurses, psychiatrists and psychologist

### **Social Worker Family and Immigration Unit at Legal Services of New York City November 2019 – Present**

- Conduct comprehensive psychosocial and needs assessments for clients with current immigration or family law cases
- Provide supportive counseling crisis intervention and trauma informed care
- Write affidavits of support for legal and supporting services (i.e. immigration court cases, public benefits applications)

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*Current as of October 22, 2021*



- o Conduct training for organizational staff on topics related to practice specific social work and legal collaborations

**Forensic Social Worker Criminal Defense Practice at The Legal Aid Society November 2015 – November 2019**

- o Interviewed clients and collateral contacts to assess trauma, substance abuse disorder, mental illness, physical or intellectual limitations and other needs
- o Provided written and/or oral advocacy for plea negotiations consisting of alternatives to incarceration programs of minimal sentences
- o Worked with attorneys, organizational and community programs to develop appropriate casework plans and treatment recommendations
- o Requested and reviewed relevant school, mental health, and medical records to assist counsel with mitigation and plea negotiations

**Social Worker at Good Shepherd services Neighborhood Family Empowerment Center October 2014 – June 2015**

- o Provided individual and family counseling to children and families using the Solution Based Casework (SBC) model which includes short-term crisis interventions
- o Completed assessments of children and families referred by the Administration for Children's services, schools, community-based organizations and other agencies
- o Scheduled, facilitate and/or participated in required conferences with families, community partners and the Administration for Children's Services
- o Conducted home visits and escorted program participants to appointment as needed

**Social Work Intern Criminal Defense Practice at The Bronx Defenders September 2013 – May 2014**

- o Worked with clients and attorneys to determine appropriate referrals and provided follow up for client's intake and participation
- o Assessed client's strengths and needs to assist in court disposition and provide advocacy for them in mitigation memoranda and /or appearing in Criminal court
- o Maintained case records and complete case management and collaborated with service providers for substance abuse, mental illness and other social service needs

**Social Work Intern at The Angelo Patri Middle School September 2012 – May 2013**



- o Counseled a case load up to twelve students weekly for forty-five minutes sessions and for crisis intervention as needed using motivational interviewing and Cognitive Behavioral Therapy (CBT)
- o Facilitated a sixty-minute therapeutic writing group with twelve students for six weeks
- o Maintained individual student files including accurate progress notes, assessments, and referrals
- o Served as a liaison between the families of students and school personnel

#### **Parent Coach at Harlem Children's Zone The Baby College April 2010 – March 2011**

- o Recruited, retained, monitored and provided case management to an average caseload of ten families with young children recovering from domestic violence including those living in shelters
- o Maintained accurate case notes including assessments, referrals and surveys
- o Facilitated group teaching sessions on varies child development and parenting topics
- o Conducted weekly home coaching visits with families reviewing materials learned at group teaching sessions and creating plans to achieve family goals

#### **Infant Lead Teacher at Sheltering Arms August 2009 – March 2010**

- o Managed the physical care of eight infants that included feeding, and diaper changing
- o Planned and implemented developmentally appropriate activities in accordance to the Creative Curriculum and Georgia Early Learning and development Standards
- o Led and supervised co-teachers, teaching assistants and classroom volunteers
- o Conducted developmental screenings and ongoing assessments to determine motor, language, social, cognitive perceptual and emotional skills

#### **Toddler Teacher April 2009 – August 2009**

- o Assisted Toddler Lead Teacher in the daily care of twelve three- to four-year-old
- o Initiated and maintained internal and external communication materials for staff, administration, and family
- o Assured the safety of the children by always maintaining a safe hazard free environment within and outside the classroom